

FOR *My* LIFE[®] ONLINE

COURSE GUIDE

*"Beloved, I wish above all things
that thou mayest prosper and
Be in Health,
even as thy soul prospereth."*

3 John 1:2



HOPE
— of the —
GENERATIONS CHURCH

&

Be in
Health[®]

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Disclaimer

Be in Health

This ministry does not seek to be in conflict with any medical or psychiatric practices nor do we seek to be in conflict with any church and its religious doctrines, beliefs or practices. We believe many human problems are fundamentally spiritual with associated physiological and psychological manifestations.

This information is intended for your general knowledge only. Information is presented only to give insight into disease, its problems, and its possible solutions in the area of disease eradication and/or prevention. It is not a substitute for medical advice or treatment for specific medical conditions or disorders.

You should seek prompt medical care for any specific health issues. Treatment modalities around your specific health issues are between you and your physician.

As pastors, ministers, and individuals of this ministry, we are not responsible for a person's disease, nor are we responsible for their healing. We only share what we have learned through observation and research. We are not professionals, nor are we healers; we are pastors and ministers that administer the Word of God and what it says about healing. In addition, we share what the medical and scientific communities have also observed and researched that coincide with what God has already said in His Word. There are no guarantees that any person will be healed, or any disease be prevented. The fruits of this teaching will come forth out of a relationship between the person and God based on these insights given and applied.

This ministry is patterned after the following scriptures: **2 Cor. 5:18-20; 1 Cor. 12; Ephesians 4; Mark 16:15-20.**

What We Believe

1. We believe that the Holy Bible and only the Bible is 100% the Word of God.

2 Timothy 3:16; 2 Peter 1:20-21

The translation that is our foundation is:

- The Hebrew Masoretic Text
- The Greek Majority Text

as translated into English in the Authorized King James Version.

2. We believe in the eternal Godhead as revealed in the Hebrew Masoretic Text and the Greek Majority Text, otherwise known as the Old Testament and New Testament.

Deuteronomy 6:4; Genesis 1:26; Isaiah 48:16; Matthew 28:19; 1 Corinthians 10:1-11

3. We believe that all the purposes of God are now a finished work through Jesus Christ by faith; by whom He created all things, by whom He saved and restored all things and whom He has made the head of all things, forever. Amen.

Isaiah 48; John 1:1-36; Colossians 1:12-29; Hebrews 1

4. We believe that Jesus Christ:

- Is the LORD God, God the Word
- Came in the flesh, the only begotten Son of God
- Conceived by God the Holy Ghost in the womb of Mary, the Virgin
- Lived a sinless life as a human being
- Was anointed by God with the Holy Ghost to destroy the works of the devil

- Showed us the ministry of believer/priest to preach the good news, call for men everywhere to repent and turn to God, heal the sick and do cures in His name and cast out devils
- Died for our sins and the sins of all who believe on His name
- His body lay in the grave three days and three nights and on the third day God raised Him from the dead, He walked on this earth for 40 days and was seen by up to 500 people at one time
- He ascended into heaven and sat down on the right hand of God
- He is coming again, first in the “First Resurrection” and then seven years later in the “Day of the Lord.” He comes, and all the saints with Him, to defeat the antichrist and set up His millennial reign as the Messiah

Zechariah 14:1-5

5. We believe that as the fullness of the Godhead rested bodily on Jesus as a work of the Holy Spirit, this fullness of the Godhead should rest on the body of Christ in the earth today, the Church.

1 Corinthians 12

6. We believe in the doctrines of Christ found in Hebrews 6:1-2:
 - Repentance from dead works
 - Faith toward God
 - Doctrine of Baptisms
 - Laying on of hands
 - Resurrection of the dead
 - Eternal judgment
7. We believe in the sacraments of the Church as revealed in the Scriptures:
 - The LORD’s Supper (Communion)
 - Water Baptism
 - Foot washing
8. We believe in the Great Commission — a world vision.

9. We believe that the body of Christ, the Church, is:

- The salt of the earth
- The light of the world
- To show the love of God by the love we have one for another
- The fast we are called to is that of service as servants and to be a gift

10. We believe that healing and miracles are part of the Atonement and are valid for today; Jesus Christ the same, yesterday, today, and forever.

Psalms 103:3; 1 Thessalonians 5:23; 3 John 2; 1 Corinthians 12

Notes

Foundational Insights

Description

This class represents a general explanation of the concepts that will be covered throughout the week.

Class Goals

This week, we will be discussing many topics that you may have never heard about before. This class is an introduction to where this week will take you along with a Scriptural foundation of Spiritual Roots of Disease®. It is important to us to gradually introduce new concepts to you throughout the week so that you may consider what is said in light of what the Bible says. This is not an intimidating process but an exciting journey to learn about sin and disease along with freedom and healing.

Scriptures

3 John 1:2 Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.

1 Thessalonians 5:23 And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

John 10:10 The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

Isaiah 59:2 But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear.

James 4:7 Submit yourselves therefore to God. Resist the devil, and he will flee from you.

John 14:27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

James 1:17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

Psalms 68:19 Blessed be the Lord, who daily loadeth us with benefits, even the God of our salvation. Selah.

Proverbs 17:22 A merry heart doeth good like a medicine: but a broken spirit drieth the bones.

Isaiah 5:13-14 Therefore my people are gone into captivity, because they have no knowledge: and their honourable men are famished, and their multitude dried up with thirst. ¹⁴ Therefore hell hath enlarged herself, and opened her mouth without measure: and their glory, and their multitude, and their pomp, and he that rejoiceth, shall descend into it.

Hosea 4:6 My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee, that thou shalt be no priest to me: seeing thou hast forgotten the law of thy God, I will also forget thy children.

Matthew 10:28 And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell.

Psalms 103:3 Who forgiveth all thine iniquities; who healeth all thy diseases.

Hebrews 6:1 Therefore leaving the principles of the doctrine of Christ, let us go on unto perfection; not laying again the foundation of repentance from dead works, and of faith toward God,

Psalms 138:2b ...for thou hast magnified thy word above all thy name.

Exodus 20:5 Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;

Matthew 22:37-40 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. ³⁸ This is the first and great commandment. ³⁹ And the second is like unto it, Thou shalt love thy neighbour as thyself. ⁴⁰ On these two commandments hang all the law and the prophets.

2 Corinthians 7:1 Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.

2 Chronicles 7:14 If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.

Notes

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Notes

The Father's Love

Description

This class includes group ministry and is intended to help you connect with Father God by forgiving your earthly father.

Class Goals

Many people have never heard their father say, "I love you." Because of this lack of love, many believe Father God does not love them. The goal of this class is to learn about Father God's love for you to begin to heal your heart. This class will also confront ways that you may have been abused or abandoned by your earthly father so that you can forgive and let go of this past and connect with Father God instead.

Scriptures

Luke 11:2 And he said unto them, When ye pray, say, Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done, as in heaven, so in earth.

John 14:10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

Colossians 3:21 Fathers, provoke not your children to anger, lest they be discouraged.

Isaiah 61:4 And they shall build the old wastes, they shall raise up the former desolations, and they shall repair the waste cities, the desolations of many generations.

Psalms 68:5 A father of the fatherless, and a judge of the widows, is God in his holy habitation.

James 1:27 Pure religion and undefiled before God and the Father is this, To visit the fatherless and widows in their affliction, and to keep himself unspotted from the world.

1 John 3:1 Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not.

Psalms 62:8 Trust in him at all times; ye people, pour out your heart before him: God is a refuge for us. Selah.

John 16:23-27 And in that day ye shall ask me nothing. Verily, verily, I say unto you, Whatsoever ye shall ask the Father in my name, he will give it you. ²⁴ Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be full. ²⁵ These things have I spoken unto you in proverbs: but the time cometh, when I shall no more speak unto you in proverbs, but I shall shew you plainly of the Father. ²⁶ At that day ye shall ask in my name: and I say not unto you, that I will pray the Father for you: ²⁷ For the Father himself loveth you, because ye have loved me, and have believed that I came out from God.

Isaiah 61:1 The Spirit of the Lord GOD is upon me; because the LORD hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound;

John 14:9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Show us the Father?

Romans 8:15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

Acts 2:22 Ye men of Israel, hear these words; Jesus of Nazareth, a man approved of God among you by miracles and wonders and signs, which God did by him in the midst of you, as ye yourselves also know:

Acts 4:30 By stretching forth thine hand to heal; and that signs and wonders may be done by the name of thy holy child Jesus.

Galatians 6:1-2 Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted.

² Bear ye one another's burdens, and so fulfil the law of Christ.

Notes

Who is Jesus?

Description

This class represents a general explanation of the concepts of the Godhead and Jesus Christ covered throughout the week.

Class Goals

This class takes an in-depth look at Jesus from a Biblical perspective. It will include not only Jesus, the human, but also His role as the second member of the Godhead—God the Word. By looking at both Old and New Testament Scriptures, we will lay out a foundation of His identity and the importance of His life and sacrifice on the cross. This class is important for both long-time believers and those who do not have a background in the church and perhaps have not investigated the Bible for themselves. At the end of this class, you will have the opportunity to receive the Lord Jesus as your personal Savior if you choose.

Scriptures

John 1:1-3 In the beginning was the Word, and the Word was with God, and the Word was God. ²The same was in the beginning with God. ³All things were made by him; and without him was not any thing made that was made.

Colossians 2:8-9 Beware lest any man spoil you through philosophy and vain deceit, after the tradition of men, after the rudiments of the world, and not after Christ. ⁹For in him dwelleth all the fulness of the Godhead bodily.

Galatians 1:4 Who gave himself for our sins, that he might deliver us from this present evil world, according to the will of God and our Father.

Genesis 1:3 And God said, Let there be light: and there was light.

Matthew 1:18 Now the birth of Jesus Christ was on this wise: When as his mother Mary was espoused to Joseph, before they came together, she was found with child of the Holy Ghost.

Isaiah 48:16-17 Come ye near unto me, hear ye this; I have not spoken in secret from the beginning; from the time that it was, there am I: and now the Lord GOD, and his Spirit, hath sent me. ¹⁷ Thus saith the LORD, thy Redeemer, the Holy One of Israel; I am the LORD thy God which teacheth thee to profit, which leadeth thee by the way that thou shouldest go.

John 8:58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

John 3:16 For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

John 14:6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

1 Corinthians 10:1-4 Moreover, brethren, I would not that ye should be ignorant, how that all our fathers were under the cloud, and all passed through the sea. ² And were all baptized unto Moses in the cloud and in the sea; ³ And did all eat the same spiritual meat; ⁴ And did all drink the same spiritual drink: for they drank of that spiritual Rock that followed them: and that Rock was Christ.

Ezekiel 20:5 And say unto them, Thus saith the Lord GOD; In the day when I chose Israel, and lifted up mine hand unto the seed of the house of Jacob, and made myself known unto them in the land of Egypt, when I lifted up mine hand unto them, saying, I am the LORD your God;

John 14:10-11 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works. ¹¹ Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake.

John 1:10-14 He was in the world, and the world was made by him, and the world knew him not. ¹¹ He came unto his own, and his own received him not. ¹² But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name: ¹³ Which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. ¹⁴ And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.

Acts 2:22 Ye men of Israel, hear these words; Jesus of Nazareth, a man approved of God among you by miracles and wonders and signs, which God did by him in the midst of you, as ye yourselves also know.

Acts 4:30 By stretching forth thine hand to heal; and that signs and wonders may be done by the name of thy holy child Jesus.

Romans 5:8-12 But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us. ⁹ Much more then, being now justified by his blood, we shall be saved from wrath through him. ¹⁰ For if, when we were enemies, we were reconciled to God by the death of his Son, much more, being reconciled, we shall be saved by his life. ¹¹ And not only so, but we also joy in God through our Lord Jesus Christ, by whom we have now received the atonement. ¹² Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned:

Romans 5:15-21 But not as the offence, so also is the free gift. For if through the offence of one many be dead, much more the grace of God, and the gift by grace, which is by one man, Jesus Christ, hath abounded unto many. ¹⁶ And not as it was by one that sinned, so is the gift: for the judgment was by one to condemnation, but the free gift is of many offences unto justification. ¹⁷ For if by one man's offence death reigned by one; much more they which receive abundance of grace and of the gift of righteousness shall reign in life by one, Jesus Christ. ¹⁸ Therefore as by the offence of one judgment came upon all men to condemnation; even so by the righteousness of one the free gift came upon all men unto justification of life. ¹⁹ For as by one man's disobedience many were made sinners, so by the obedience of one shall many be made righteous. ²⁰ Moreover the law entered, that the offence might abound. But where sin abounded, grace did

much more abound: ²¹ That as sin hath reigned unto death, even so might grace reign through righteousness unto eternal life by Jesus Christ our Lord.

1 Corinthians 15:12-22 Now if Christ be preached that he rose from the dead, how say some among you that there is no resurrection of the dead? ¹³ But if there be no resurrection of the dead, then is Christ not risen: ¹⁴ And if Christ be not risen, then is our preaching vain, and your faith is also vain. ¹⁵ Yea, and we are found false witnesses of God; because we have testified of God that he raised up Christ: whom he raised not up, if so be that the dead rise not. ¹⁶ For if the dead rise not, then is not Christ raised: ¹⁷ And if Christ be not raised, your faith is vain; ye are yet in your sins. ¹⁸ Then they also which are fallen asleep in Christ are perished. ¹⁹ If in this life only we have hope in Christ, we are of all men most miserable. ²⁰ But now is Christ risen from the dead, and become the firstfruits of them that slept. ²¹ For since by man came death, by man came also the resurrection of the dead. ²² For as in Adam all die, even so in Christ shall all be made alive.

1 Peter 1:23-25 Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth for ever. ²⁴ For all flesh is as grass, and all the glory of man as the flower of grass. The grass withereth, and the flower thereof falleth away: ²⁵ But the word of the Lord endureth for ever. And this is the word which by the gospel is preached unto you.

Philippians 2:9-11 Wherefore God also hath highly exalted him, and given him a name which is above every name: ¹⁰ That at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth; ¹¹ And that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Romans 10:9-10 That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. ¹⁰ For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.

Godhead Revelation

Lord

אֲדֹנָי

Adonay
(Ad-o-noy)

H 136

GOD

יְהוֹוִה

Yhovih
(Yeh-ho-vee)

H 3069

LORD

יְהוָה

Yhovah
(Yeh-ho-vaw)

H 3068

God

אֱלֹהִים

Elohiym
(El-o-heem)

H 430

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Prayer of Salvation

Father God, I recognize and take responsibility for sin in my life and acknowledge that I am a sinner unable to save myself.

I repent for following after sin and I ask for Your forgiveness.

I believe that Jesus Christ was Your only begotten Son.

I believe He died for my sins and that You raised Him back to life by Your Holy Spirit.

I ask that You would change my heart and work with me according to Your Spirit.

By faith, I believe that Jesus is my Savior, and I desire to follow Him as my Lord from this moment forth.

Notes

Notes

Baptism with the Holy Spirit

Description

There is some contention in Christianity over the subject of the Baptism with the Holy Spirit, but in this class, we seek to give you evidence from Scripture around this subject so you may settle your heart in this matter. This class also includes a time to receive the Baptism with the Holy Spirit for those who wish to do so.

Class Goals

This class is meant to build a Biblical foundation around this subject. The gifts of the Holy Spirit are essential to your spiritual growth and freedom, and we will give you a Scriptural foundation to understand their importance. We will not compel anyone to receive the Baptism with the Holy Spirit, but we will give you the opportunity to make the decision for yourself. During the teaching, we will take care to explain what will take place so you will understand the process and feel safe that we are operating in a way consistent with Scripture so that you may receive what Father God wants for you.

Scriptures

1 Corinthians 12:28 And God hath set some in the church, first apostles, secondarily prophets, thirdly teachers, after that miracles, then gifts of healings, helps, governments, diversities of tongues.

Acts 2:22 Ye men of Israel, hear these words; Jesus of Nazareth, a man approved of God among you by miracles and wonders and signs, which God did by him in the midst of you, as ye yourselves also know:

Acts 4:30-31 By stretching forth thine hand to heal; and that signs and wonders may be done by the name of thy holy child Jesus. ³¹ And when they had prayed, the place was shaken where they were assembled together; and they were all filled with the Holy Ghost, and they spake the word of God with boldness.

Numbers 11:16-17 And the LORD said unto Moses, Gather unto me seventy men of the elders of Israel, whom thou knowest to be the elders of the people, and officers over them; and bring them unto the tabernacle of the congregation, that they may stand there with thee. ¹⁷ And I will come down and talk with thee there: and I will take of the spirit which is upon thee, and will put it upon them; and they shall bear the burden of the people with thee, that thou bear it not thyself alone.

Numbers 11:24-25 And Moses went out, and told the people the words of the LORD, and gathered the seventy men of the elders of the people, and set them round about the tabernacle. ²⁵ And the LORD came down in a cloud, and spake unto him, and took of the spirit that was upon him, and gave it unto the seventy elders: and it came to pass, that, when the spirit rested upon them, they prophesied, and did not cease.

Acts 10:38 How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.

1 John 3:8 He that committeth sin is of the devil; for the devil sinneth from the beginning. For this purpose the Son of God was manifested, that he might destroy the works of the devil.

John 14:12-17 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father. ¹³ And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son. ¹⁴ If ye shall ask any thing in my name, I will do it. ¹⁵ If ye love me, keep my commandments. ¹⁶ And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever; ¹⁷ Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

Acts 19:1-6 And it came to pass, that, while Apollos was at Corinth, Paul having passed through the upper coasts came to Ephesus: and finding certain disciples, ² He said unto them, Have ye received the Holy Ghost since ye believed? And they said unto him, We have not so much as heard whether there be any Holy Ghost. ³ And he said unto them, Unto what then were ye baptized? And they said, Unto John's baptism. ⁴ Then said Paul,

John verily baptized with the baptism of repentance, saying unto the people, that they should believe on him which should come after him, that is, on Christ Jesus. ⁵ When they heard this, they were baptized in the name of the Lord Jesus. ⁶ And when Paul had laid his hands upon them, the Holy Ghost came on them; and they spake with tongues, and prophesied.

Mark 16:15-18 And he said unto them, Go ye into all the world, and preach the gospel to every creature. ¹⁶ He that believeth and is baptized shall be saved; but he that believeth not shall be damned. ¹⁷ And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; ¹⁸ They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover.

1 Corinthians 12:4-6 Now there are diversities of gifts, but the same Spirit. ⁵ And there are differences of administrations, but the same Lord. ⁶ And there are diversities of operations, but it is the same God which worketh all in all.

John 14:28 Ye have heard how I said unto you, I go away, and come again unto you. If ye loved me, ye would rejoice, because I said, I go unto the Father: for my Father is greater than I.

1 Corinthians 12:7 But the manifestation of the Spirit is given to every man to profit withal.

Hebrews 11:1 Now faith is the substance of things hoped for, the evidence of things not seen.

1 Corinthians 12:11 But all these worketh that one and the selfsame Spirit, dividing to every man severally as he will.

1 Corinthians 14:3 But he that prophesieth speaketh unto men to edification, and exhortation, and comfort.

Matthew 7:8-11 For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened. ⁹Or what man is there of you, whom if his son ask bread, will he give him a stone? ¹⁰Or if he ask a fish, will he give him a serpent? ¹¹If ye then, being evil, know how to give good gifts unto your children, how much more shall your Father which is in heaven give good things to them that ask him?

Romans 11:29 For the gifts and calling of God are without repentance.

Luke 9:62 And Jesus said unto him, No man, having put his hand to the plough, and looking back, is fit for the kingdom of God.

1 Timothy 4:14 Neglect not the gift that is in thee, which was given thee by prophecy, with the laying on of the hands of the presbytery.

2 Timothy 1:6 Wherefore I put thee in remembrance that thou stir up the gift of God, which is in thee by the putting on of my hands.

Notes

Notes

Spirit World Realities

Description

Many people do not believe that Satan and his kingdom are real. Others are superstitious and afraid of the reality of Satan's kingdom. This class will discuss the Biblical reality of the spirit world.

Class Goals

This class will tackle the subject of the reality of Satan's kingdom in the world today and its roots in the past of this planet. It will also discuss the fall of a covering cherub and how he led creation in rebellion against God that continues on the planet to this day. In order to understand how to overcome sin today, it is important to understand Satan's fall and how he tempted creation in the past and tempted Adam and Eve to rebel against Father God. To overcome today, we need to understand that the evil of the past is still causing destruction in the present.

Scriptures

Revelation 21:1 And I saw a new heaven and a new earth: for the first heaven and the first earth were passed away; and there was no more sea.

2 Corinthians 12:2 I knew a man in Christ above fourteen years ago, (whether in the body, I cannot tell; or whether out of the body, I cannot tell: God knoweth;) such an one caught up to the third heaven.

Matthew 12:43 When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest, and findeth none.

1 Corinthians 12:27 Now ye are the body of Christ, and members in particular.

Romans 6:6 Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin.

Ezekiel 28:14-18 Thou art the anointed cherub that covereth; and I have set thee so: thou wast upon the holy mountain of God; thou hast walked up and down in the midst of the stones of fire. ¹⁵ Thou wast perfect in thy ways from the day that thou wast created, till iniquity was found in thee. ¹⁶ By the multitude of thy merchandise they have filled the midst of thee with violence, and thou hast sinned: therefore I will cast thee as profane out of the mountain of God: and I will destroy thee, O covering cherub, from the midst of the stones of fire. ¹⁷ Thine heart was lifted up because of thy beauty, thou hast corrupted thy wisdom by reason of thy brightness: I will cast thee to the ground, I will lay thee before kings, that they may behold thee. ¹⁸ Thou hast defiled thy sanctuaries by the multitude of thine iniquities, by the iniquity of thy traffick; therefore will I bring forth a fire from the midst of thee, it shall devour thee, and I will bring thee to ashes upon the earth in the sight of all them that behold thee.

Luke 10:18 And he said unto them, I beheld Satan as lightning fall from heaven.

Isaiah 14:12-15 How art thou fallen from heaven, O Lucifer, son of the morning! how art thou cut down to the ground, which didst weaken the nations! ¹³ For thou hast said in thine heart, I will ascend into heaven, I will exalt my throne above the stars of God: I will sit also upon the mount of the congregation, in the sides of the north: ¹⁴ I will ascend above the heights of the clouds; I will be like the most High. ¹⁵ Yet thou shalt be brought down to hell, to the sides of the pit.

Revelation 12:4 And his tail drew the third part of the stars of heaven, and did cast them to the earth: and the dragon stood before the woman which was ready to be delivered, for to devour her child as soon as it was born.

Genesis 1:2 And the earth was without form, and void; and darkness was upon the face of the deep. And the Spirit of God moved upon the face of the waters.

Jeremiah 4:22-26 For my people is foolish, they have not known me; they are sottish children, and they have none understanding: they are wise to do evil, but to do good

they have no knowledge. ²³ I beheld the earth, and, lo, it was without form, and void; and the heavens, and they had no light. ²⁴ I beheld the mountains, and, lo, they trembled, and all the hills moved lightly. ²⁵ I beheld, and, lo, there was no man, and all the birds of the heavens were fled. ²⁶ I beheld, and, lo, the fruitful place was a wilderness, and all the cities thereof were broken down at the presence of the Lord, and by his fierce anger.

2 Peter 3:5-7 For this they willingly are ignorant of, that by the word of God the heavens were of old, and the earth standing out of the water and in the water: ⁶ Whereby the world that then was, being overflowed with water, perished: ⁷ But the heavens and the earth, which are now, by the same word are kept in store, reserved unto fire against the day of judgment and perdition of ungodly men

Ecclesiastes 1:9-10 The thing that hath been, it is that which shall be; and that which is done is that which shall be done: and there is no new thing under the sun. ¹⁰ Is there any thing whereof it may be said, See, this is new? it hath been already of old time, which was before us.

Romans 5:12 Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned:

Genesis 2:16-17 And the LORD God commanded the man, saying, Of every tree of the garden thou mayest freely eat: ¹⁷ But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die.

Genesis 3:11 And he said, Who told thee that thou wast naked? Hast thou eaten of the tree, whereof I commanded thee that thou shouldest not eat?

Genesis 3:5 For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil.

Matthew 16:13-17 When Jesus came into the coasts of Caesarea Philippi, he asked his disciples, saying, Whom do men say that I the Son of man am? ¹⁴ And they said, Some say that thou art John the Baptist: some, Elias; and others, Jeremias, or one of the

prophets. ¹⁵ He saith unto them, But whom say ye that I am? ¹⁶ And Simon Peter answered and said, Thou art the Christ, the Son of the living God. ¹⁷ And Jesus answered and said unto him, Blessed art thou, Simon Barjona: for flesh and blood hath not revealed it unto thee, but my Father which is in heaven.

Matthew 16:21-23 From that time forth began Jesus to shew unto his disciples, how that he must go unto Jerusalem, and suffer many things of the elders and chief priests and scribes, and be killed, and be raised again the third day. ²² Then Peter took him, and began to rebuke him, saying, Be it far from thee, Lord: this shall not be unto thee. ²³ But he turned, and said unto Peter, Get thee behind me, Satan: thou art an offence unto me: for thou savourest not the things that be of God, but those that be of men.

Mark 16:17-18 And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; ¹⁸ They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover.

Notes

Notes

Separation

Description

This class will continue the discussion from *Spirit World Realities*. *Separation* takes our understanding of the spirit world and focuses it on our personal lives.

Class Goals

This teaching covers the Biblical foundation of ministry around sin. Many people have no idea that Scriptures describe sin as a being. Our problems with sin are not just focused on a change of our mind but a change of our spirituality. This class will focus on understanding how sin joins us and how evil spirits may be separated from us and removed from our lives. In order to cast out evil spirits, we must first understand where they come from and how to repent for believing them.

Scriptures

Revelation 21:7 He that overcometh shall inherit all things; and I will be his God, and he shall be my son.

Ephesians 3:10 To the intent that now unto the principalities and powers in heavenly places might be known by the church the manifold wisdom of God.

Romans 7:15-18 For that which I do I allow not: for what I would, that do I not; but what I hate, that do I. ¹⁶ If then I do that which I would not, I consent unto the law that it is good. ¹⁷ Now then it is no more I that do it, but sin that dwelleth in me. ¹⁸ For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not.

Isaiah 5:20 Woe unto them that call evil good, and good evil; that put darkness for light, and light for darkness; that put bitter for sweet, and sweet for bitter!

1 John 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

2 Corinthians 11:14 And no marvel; for Satan himself is transformed into an angel of light.

Isaiah 14:14 I will ascend above the heights of the clouds; I will be like the most High.

Romans 7:19-23 For the good that I would I do not: but the evil which I would not, that I do. ²⁰ Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me. ²¹ I find then a law, that, when I would do good, evil is present with me. ²² For I delight in the law of God after the inward man: ²³ But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

Romans 8:1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

Psalms 68:18 Thou hast ascended on high, thou hast led captivity captive: thou hast received gifts for men; yea, for the rebellious also, that the LORD God might dwell among them.

Ephesians 6:11-12 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. ¹² For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

2 Corinthians 7:1 Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.

Psalms 103:2-3 Bless the LORD, O my soul, and forget not all his benefits: ³Who forgiveth all thine iniquities; who healeth all thy diseases.

Psalms 51:5 Behold, I was shapen in iniquity; and in sin did my mother conceive me.

Exodus 20:5 Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;

Hebrews 5:14 But strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern both good and evil.

Romans 6:13 Neither yield ye your members as instruments of unrighteousness unto sin: but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God.

Notes

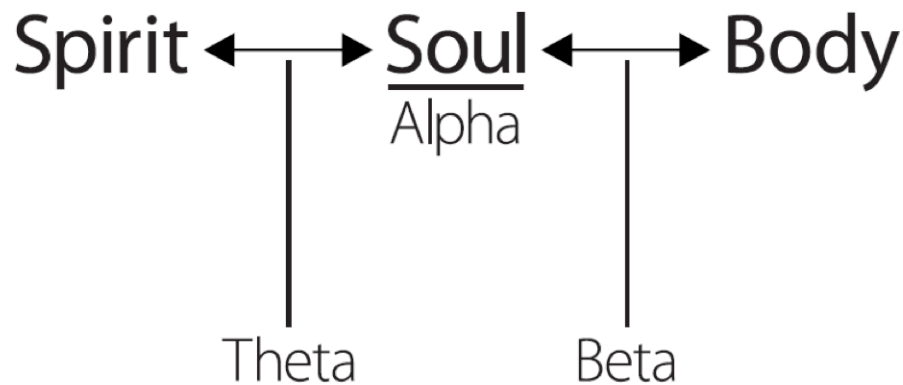
Pathways of Thought

Description

This class continues the discussion from the previous two classes. Its focus is on explaining HOW sin interacts with us on a biological level.

Class Goals

In our years of ministry, Be in Health has grown in our understanding of how the spirit world manipulates and uses our brainwaves to speak to us. This class discusses the spirit-soul-body connection, how we are tempted by sin, and how we may also be able to resist Satan's kingdom by this same understanding. This class combines some of our scientific observations along with Biblical understanding of how to overcome temptation.



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Scriptures

1 Thessalonians 5:23 And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

Hebrews 12:9 Furthermore we have had fathers of our flesh which corrected us, and we gave them reverence: shall we not much rather be in subjection unto the Father of spirits, and live?

Galatians 3:26 For ye are all the children of God by faith in Christ Jesus.

Ecclesiastes 12:7 Then shall the dust return to the earth as it was: and the spirit shall return unto God who gave it.

John 14:26-27 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you. ²⁷ Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

John 7:38-39 He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water. ³⁹ (But this spake he of the Spirit, which they that believe on him should receive: for the Holy Ghost was not yet given; because that Jesus was not yet glorified.)

Daniel 6:22-23 My God hath sent his angel, and hath shut the lions' mouths, that they have not hurt me: forasmuch as before him innocency was found in me; and also before thee, O king, have I done no hurt. ²³ Then was the king exceedingly glad for him, and commanded that they should take Daniel up out of the den. So Daniel was taken up out of the den, and no manner of hurt was found upon him, because he believed in his God.

Hebrews 3:12 Take heed, brethren, lest there be in any of you an evil heart of unbelief, in departing from the living God.

Hebrews 6:1 Therefore leaving the principles of the doctrine of Christ, let us go on unto perfection; not laying again the foundation of repentance from dead works, and of faith toward God,

Hebrews 4:11-16 Let us labour therefore to enter into that rest, lest any man fall after the same example of unbelief. ¹² For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discernor of the thoughts and intents of the heart. ¹³ Neither is there any creature that is not manifest in his sight: but all things are naked and opened unto the eyes of him with whom we have to do. ¹⁴ Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us hold fast our profession. ¹⁵ For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin. ¹⁶ Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

Notes

Disease Profiles

Description

In this teaching, we cover basic the biological mechanisms of our body and how they react to circumstances and spirituality.

Class Goals

The purpose of this class is to give you a basic biological understanding of how our body functions and responds in certain situations and the purpose of certain parts of our physiology to homeostasis (stability and balance) in our body. This class represents the other side of the previous three teachings by focusing on our body and helping us to understand how improper spirituality can result in short-term “dis-ease” or lack of ease/peace and the resulting long-term consequences of living in this state can result in biological and psychological diseases.

Scriptures

Deuteronomy 28:1-2 And it shall come to pass, if thou shalt hearken diligently unto the voice of the LORD thy God, to observe and to do all his commandments which I command thee this day, that the LORD thy God will set thee on high above all nations of the earth: ²And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the LORD thy God.

Deuteronomy 28:15 But it shall come to pass, if thou wilt not hearken unto the voice of the LORD thy God, to observe to do all his commandments and his statutes which I command thee this day; that all these curses shall come upon thee, and overtake thee:

2 Timothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Hebrews 11:1 Now faith is the substance of things hoped for, the evidence of things not seen.

Proverbs 17:22 A merry heart doeth good like a medicine: but a broken spirit drieth the bones.

Proverbs 26:2 As the bird by wandering, as the swallow by flying, so the curse causeless shall not come.

Hosea 4:6 My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee, that thou shalt be no priest to me: seeing thou hast forgotten the law of thy God, I will also forget thy children.

2 Corinthians 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

1 Thessalonians 5:23 And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

Ephesians 5:26 That he might sanctify and cleanse it with the washing of water by the word.

1 Samuel 16:15 And Saul's servants said unto him, Behold now, an evil spirit from God troubleth thee.

Luke 8:27-33 And when he went forth to land, there met him out of the city a certain man, which had devils long time, and ware no clothes, neither abode in any house, but in the tombs. ²⁸ When he saw Jesus, he cried out, and fell down before him, and with a loud voice said, What have I to do with thee, Jesus, thou Son of God most high? I beseech thee, torment me not. ²⁹ (For he had commanded the unclean spirit to come

out of the man. For oftentimes it had caught him: and he was kept bound with chains and in fetters; and he brake the bands, and was driven of the devil into the wilderness.)³⁰ And Jesus asked him, saying, What is thy name? And he said, Legion: because many devils were entered into him.³¹ And they besought him that he would not command them to go out into the deep.³² And there was there an herd of many swine feeding on the mountain: and they besought him that he would suffer them to enter into them. And he suffered them.³³ Then went the devils out of the man, and entered into the swine: and the herd ran violently down a steep place into the lake, and were choked.

Romans 6:12 Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof.

Notes

Spiritual Blocks to Healing

Description

Many people are unaware that there are potentially blocks to healing. Over our years of ministry, we have found that certain sin issues may block a person's ability to become free and healed—and this class gives you insights into this subject.

Class Goals

It is our goal for you to get everything God wants for you, but it is possible there may be blocks to your healing and health that you may not understand. This class will serve to give you discernment and understanding of what sins and issues may be blocking your healing so that you can resolve these issues before God. This class is the result of our research and experience dealing with people who were in need of health and healing and how removing these blocks led them to freedom.

#1 Unforgiveness

Mark 11:22-26 And Jesus answering saith unto them, Have faith in God. ²³ For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith. ²⁴ Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them. ²⁵ And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses. ²⁶ But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses.

Matthew 6:14-15 For if ye forgive men their trespasses, your heavenly Father will also forgive you: ¹⁵ But if ye forgive not men their trespasses, neither will your Father forgive your trespasses.

1 John 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

Matthew 5:44-48 But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you; ⁴⁵ That ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust. ⁴⁶ For if ye love them which love you, what reward have ye? do not even the publicans the same? ⁴⁷ And if ye salute your brethren only, what do ye more than others? do not even the publicans so? ⁴⁸ Be ye therefore perfect, even as your Father which is in heaven is perfect.

Matthew 18:21-22 Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? ²² Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven.

John 20:23 Whose soever sins ye remit, they are remitted unto them; and whose soever sins ye retain, they are retained.

#2 Ignorance/Lack of Knowledge

Isaiah 5:13-14 Therefore my people are gone into captivity, because they have no knowledge: and their honourable men are famished, and their multitude dried up with thirst. ¹⁴ Therefore hell hath enlarged herself, and opened her mouth without measure: and their glory, and their multitude, and their pomp, and he that rejoiceth, shall descend into it.

Hosea 4:6 My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will reject thee, that thou shalt be no priest to me: seeing thou hast forgotten the law of thy God, I will also forget thy children.

Proverbs 1:7 The fear of the LORD is the beginning of knowledge: but fools despise wisdom and instruction.

Proverbs 9:10 The fear of the LORD is the beginning of knowledge: but fools despise wisdom and instruction.

1 Corinthians 13:12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

#3 Personal and Family Sins – Iniquities

Isaiah 59:1-2 Behold, the LORD's hand is not shortened, that it cannot save; neither his ear heavy, that it cannot hear: ² But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear.

Exodus 20:5-6 Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; ⁶ And shewing mercy unto thousands of them that love me, and keep my commandments.

John 14:15 If ye love me, keep my commandments.

Psalms 103:3 Who forgiveth all thine iniquities; who healeth all thy diseases;

1 John 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

Nehemiah 9:2 And the seed of Israel separated themselves from all strangers, and stood and confessed their sins, and the iniquities of their fathers.

#4 Looking To Man, Rather Than God

Jeremiah 17:5 Thus saith the LORD; Cursed be the man that trusteth in man, and maketh flesh his arm, and whose heart departeth from the LORD.

Jeremiah 17:7 Blessed is the man that trusteth in the LORD, and whose hope the LORD is.

2 Chronicles 16:12 And Asa in the thirty and ninth year of his reign was diseased in his feet, until his disease was exceeding great: yet in his disease he sought not to the LORD, but to the physicians.

#5 Not Being Honest and Transparent

James 5:16 Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

Proverbs 28:13 He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy.

Galatians 6:1-2 Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such a one in the spirit of meekness; considering thyself, lest thou also be tempted.

² Bear ye one another's burdens, and so fulfil the law of Christ.

#6 Improper Care of the Body

1 Corinthians 6:19-20 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? ²⁰ For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

Philippians 2:25-30 Yet I supposed it necessary to send to you Epaphroditus, my brother, and companion in labour, and fellowsoldier, but your messenger, and he that ministered to my wants. ²⁶ For he longed after you all, and was full of heaviness, because that ye had heard that he had been sick. ²⁷ For indeed he was sick nigh unto death: but God had mercy on him; and not on him only, but on me also, lest I should have sorrow upon sorrow. ²⁸ I sent him therefore the more carefully, that, when ye see him again, ye may rejoice, and that I may be the less sorrowful. ²⁹ Receive him therefore in the Lord

with all gladness; and hold such in reputation: ³⁰ Because for the work of Christ he was nigh unto death, not regarding his life, to supply your lack of service toward me.

#7 Not Discerning the Lord's Body (Communion)

1 Corinthians 11:27-30 Wherefore whosoever shall eat this bread, and drink this cup of the Lord, unworthily, shall be guilty of the body and blood of the Lord. ²⁸ But let a man examine himself, and so let him eat of that bread, and drink of that cup. ²⁹ For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body. ³⁰ For this cause many are weak and sickly among you, and many sleep.

1 John 3:14 We know that we have passed from death unto life, because we love the brethren. He that loveth not his brother abideth in death.

1 John 4:20 If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he hath not seen?

1 Corinthians 10:16-17 The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ? ¹⁷ For we being many are one bread, and one body: for we are all partakers of that one bread.

1 Peter 2:24 Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.

#8 Not Resisting the Enemy

Isaiah 38:1-5 In those days was Hezekiah sick unto death. And Isaiah the prophet the son of Amoz came unto him, and said unto him, Thus saith the LORD, Set thine house in order: for thou shalt die, and not live. ² Then Hezekiah turned his face toward the wall, and prayed unto the LORD, ³ And said, Remember now, O LORD, I beseech thee, how I have walked before thee in truth and with a perfect heart, and have done that which is

good in thy sight. And Hezekiah wept sore. ⁴ Then came the word of the LORD to Isaiah, saying, ⁵ Go, and say to Hezekiah, Thus saith the LORD, the God of David thy father, I have heard thy prayer, I have seen thy tears: behold, I will add unto thy days fifteen years.

1 Peter 5:8-9 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: ⁹ Whom resist steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.

James 4:7-8 Submit yourselves therefore to God. Resist the devil, and he will flee from you. ⁸ Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded.

Deuteronomy 30:19 I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live:

#9 Rejecting Healing as Part of the Covenant for Today

Isaiah 53:5 But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed.

1 Peter 2:24 Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.

Psalms 103:3-4 Who forgiveth all thine iniquities; who healeth all thy diseases; ⁴ Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;

Hebrews 13:8 Jesus Christ the same yesterday, and to day, and for ever.

James 1:17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

Mark 16:15-18 And he said unto them, Go ye into all the world, and preach the gospel to every creature. ¹⁶ He that believeth and is baptized shall be saved; but he that believeth not shall be damned. ¹⁷ And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; ¹⁸ They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover.

Mark 6:5-6 And he could there do no mighty work, save that he laid his hands upon a few sick folk, and healed them. ⁶ And he marvelled because of their unbelief. And he went round about the villages, teaching.

#10 Murmuring and Complaining

Numbers 12:9-11 And the anger of the LORD was kindled against them; and he departed. ¹⁰ And the cloud departed from off the tabernacle; and, behold, Miriam became leprous, white as snow: and Aaron looked upon Miriam, and, behold, she was leprous. ¹¹ And Aaron said unto Moses, Alas, my lord, I beseech thee, lay not the sin upon us, wherein we have done foolishly, and wherein we have sinned.

1 Corinthians 10:10-11 Neither murmur ye, as some of them also murmured, and were destroyed of the destroyer. ¹¹ Now all these things happened unto them for examples: and they are written for our admonition, upon whom the ends of the world are come.

Philippians 2:14-15 Do all things without murmurings and disputings: ¹⁵ That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world;

Notes

Self-Pity

Description

In this teaching, we cover discernment and understanding of the subject of *Self-Pity*, as well as a ministry component.

Class Goals

This class gives an understanding of the subject of *Self-Pity* by teaching how it manifests in our lives and identifying it for the purpose of repentance and removal of the problem. Rather than just identifying *Self-Pity* as a psychological problem of “feeling sorry for oneself,” this class will uncover how this spiritual defect may impact your daily life and health. You may not realize it, but dealing with *Self-Pity* may be a vital part of your healing and health, and this class will shed light on this subject.

Scriptures

1 Peter 5:5-6 Likewise, ye younger, submit yourselves unto the elder. Yea, all of you be subject one to another, and be clothed with humility: for God resisteth the proud, and giveth grace to the humble. ⁶ Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:

Colossians 1:23-25 If ye continue in the faith grounded and settled, and be not moved away from the hope of the gospel, which ye have heard, and which was preached to every creature which is under heaven; whereof I Paul am made a minister; ²⁴ Who now rejoice in my sufferings for you, and fill up that which is behind of the afflictions of Christ in my flesh for his body's sake, which is the church: ²⁵ Whereof I am made a minister, according to the dispensation of God which is given to me for you, to fulfil the word of God;

James 1:2 My brethren, count it all joy when ye fall into divers temptations;

1 Thessalonians 5:18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

Romans 1:21 Because that, when they knew God, they glorified him not as God, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened.

Philippians 4:6-9 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. ⁷ And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. ⁸ Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. ⁹ Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.

Isaiah 61:1-3 The Spirit of the Lord GOD is upon me; because the Lord hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound; ² To proclaim the acceptable year of the LORD, and the day of vengeance of our God; to comfort all that mourn; ³ To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they might be called trees of righteousness, the planting of the LORD, that he might be glorified.

2 Corinthians 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

Notes

Notes

Accusation

Description

This teaching covers discernment around the subject of *Accusation* and also includes a time of group ministry.

Class Goals

In looking at the original languages of Hebrew and Greek, Satan is known as the Accuser. Understanding Satan's kingdom requires discerning *Accusation*. Pointing the finger at one another is the primary tool Satan uses to deceive the planet and cause chaos. This class will help you by defining what *Accusation* is and how it may be discerned in your life. By identifying it, you will be able to recognize its influence and repent for following after it. This class is vital to separating yourself and others from sin and learning to live peaceably with others.

Scriptures

1 John 1:8-10 If we say that we have no sin, we deceive ourselves, and the truth is not in us. ⁹ If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. ¹⁰ If we say that we have not sinned, we make him a liar, and his word is not in us.

Matthew 10:16 Behold, I send you forth as sheep in the midst of wolves: be ye therefore wise as serpents, and harmless as doves.

Revelation 12:10 And I heard a loud voice saying in heaven, Now is come salvation, and strength, and the kingdom of our God, and the power of his Christ: for the accuser of our brethren is cast down, which accused them before our God day and night.

Romans 2:1-4 Therefore thou art inexcusable, O man, whosoever thou art that judgest: for wherein thou judgest another, thou condemnest thyself; for thou that judgest doest the same things. ² But we are sure that the judgment of God is according to truth against them which commit such things. ³ And thinkest thou this, O man, that judgest them which do such things, and doest the same, that thou shalt escape the judgment of God? ⁴ Or despisest thou the riches of his goodness and forbearance and longsuffering; not knowing that the goodness of God leadeth thee to repentance?

2 Corinthians 10:4-5 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) ⁵ Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

Romans 3:20 Therefore by the deeds of the law there shall no flesh be justified in his sight: for by the law is the knowledge of sin.

Psalms 85:10 Mercy and truth are met together; righteousness and peace have kissed each other.

2 Corinthians 3:6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Romans 12:19 Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written, Vengeance is mine; I will repay, saith the Lord.

2 Timothy 2:25 In meekness instructing those that oppose themselves; if God peradventure will give them repentance to the acknowledging of the truth;

1 Timothy 6:4-5 He is proud, knowing nothing, but doting about questions and strifes of words, whereof cometh envy, strife, railings, evil surmisings, ⁵ Perverse disputings of men of corrupt minds, and destitute of the truth, supposing that gain is godliness: from such withdraw thyself.

Psalm 51:4 Against thee, thee only, have I sinned, and done this evil in thy sight: that thou mightest be justified when thou speakest, and be clear when thou judgest.

Psalm 139:14 I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well.

1 Peter 2:9-10 But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light; ¹⁰ Which in time past were not a people, but are now the people of God: which had not obtained mercy, but now have obtained mercy.

Proverbs 24:16 For a just man falleth seven times, and riseth up again: but the wicked shall fall into mischief.

Romans 8:1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

Genesis 3:9-10 And the Lord God called unto Adam, and said unto him, Where art thou? ¹⁰ And he said, I heard thy voice in the garden, and I was afraid, because I was naked; and I hid myself.

Joshua 24:15 And if it seem evil unto you to serve the LORD, choose you this day whom ye will serve; whether the gods which your fathers served that were on the other side of the flood, or the gods of the Amorites, in whose land ye dwell: but as for me and my house, we will serve the Lord.

Matthew 24:7 For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places.

Matthew 24:10 And then shall many be offended, and shall betray one another, and shall hate one another.

Matthew 18:7 Woe unto the world because of offences! for it must needs be that offences come; but woe to that man by whom the offence cometh!

Galatians 6:1-2 Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted.
² Bear ye one another's burdens, and so fulfil the law of Christ.

1 John 1:7 But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin.

1 John 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

Matthew 7:1-3 Judge not, that ye be not judged. ² For with what judgment ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again.
³ And why beholdest thou the mote that is in thy brother's eye, but considerest not the beam that is in thine own eye?

Romans 2:1 Therefore thou art inexcusable, O man, whosoever thou art that judgest: for wherein thou judgest another, thou condemnest thyself; for thou that judgest doest the same things.

Proverbs 10:18 He that hideth hatred with lying lips, and he that uttereth a slander, is a fool.

Proverbs 16:28 A froward man soweth strife: and a whisperer separateth chief friends.

Matthew 5:21-22 Ye have heard that it was said of them of old time, Thou shalt not kill; and whosoever shall kill shall be in danger of the judgment: ²² But I say unto you, That whosoever is angry with his brother without a cause shall be in danger of the judgment: and whosoever shall say to his brother, Raca, shall be in danger of the council: but whosoever shall say, Thou fool, shall be in danger of hell fire.

Matthew 18:15 Moreover if thy brother shall trespass against thee, go and tell him his fault between thee and him alone: if he shall hear thee, thou hast gained thy brother.

Luke 6:32-36 For if ye love them which love you, what thank have ye? for sinners also love those that love them. ³³ And if ye do good to them which do good to you, what thank have ye? for sinners also do even the same. ³⁴ And if ye lend to them of whom ye hope to receive, what thank have ye? for sinners also lend to sinners, to receive as much again. ³⁵ But love ye your enemies, and do good, and lend, hoping for nothing again; and your reward shall be great, and ye shall be the children of the Highest: for he is kind unto the unthankful and to the evil. ³⁶ Be ye therefore merciful, as your Father also is merciful.

Accusation Ministry List

Generational spirits of accusation toward God, self, and others in the family line.

Accusation toward God, self, and others

Self-condemnation/self-accusation

Judgmental-ism

Criticism

Offense

Fear/lack of trust/mistrust

Rebellion coming out of accusation

Shame Guilt

Scapegoat/victimization

Confusion

Slander

Gossip

Innuendo

Lying

Suspicion

Division

Prayer of Repentance

Father God, I come to you in the name of Jesus.

I recognize and take responsibility in my life and in my generations for Accusation. I repent for and renounce participating with: (spirits from list above)

I ask for forgiveness and I receive my forgiveness for serving Accusation. Thank you, Father!

Notes

Notes

Bitterness

Description

Bitterness, and especially anger, is considered a normal part of human behavior. In this class, you will find that it is not only sin, but you will also learn how it manifests in your life and how to overcome it. This class will also include a time of group ministry.

Class Goals

The subject of *Bitterness* includes an explanation of the escalation from unforgiveness culminating in murder, including a concept we refer to as “murder with the tongue.” This class is vital to understanding how we are ensnared by *Bitterness* and offense. It also explains how certain issues, such as rage and anger, are fueled by other spiritual issues. This teaching represents freedom and understanding so that you may be able to overcome *Bitterness* in your life.

Scriptures

1 Corinthians 11:31 For if we would judge ourselves, we should not be judged.

Proverbs 18:8 The words of a talebearer are as wounds, and they go down into the innermost parts of the belly.

Romans 12:19-21 Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written, Vengeance is mine; I will repay, saith the Lord. ²⁰ Therefore if thine enemy hunger, feed him; if he thirst, give him drink: for in so doing thou shalt heap coals of fire on his head. ²¹ Be not overcome of evil, but overcome evil with good.

Luke 23:34 Then said Jesus, Father, forgive them; for they know not what they do. And they parted his raiment, and cast lots.

2 Corinthians 5:10 For we must all appear before the judgment seat of Christ; that every one may receive the things done in his body, according to that he hath done, whether it be good or bad.

1 Thessalonians 5:15 See that none render evil for evil unto any man; but ever follow that which is good, both among yourselves, and to all men.

Luke 6:27-29 But I say unto you which hear, Love your enemies, do good to them which hate you, ²⁸ Bless them that curse you, and pray for them which despitefully use you. ²⁹ And unto him that smiteth thee on the one cheek offer also the other; and him that taketh away thy cloak forbid not to take thy coat also.

Ephesians 4:26-27 Be ye angry, and sin not: let not the sun go down upon your wrath: ²⁷ Neither give place to the devil.

Ephesians 4:31-32 Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: ³² And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

James 3:8-12 But the tongue can no man tame; it is an unruly evil, full of deadly poison. ⁹ Therewith bless we God, even the Father; and therewith curse we men, which are made after the similitude of God. ¹⁰ Out of the same mouth proceedeth blessing and cursing. My brethren, these things ought not so to be. ¹¹ Doth a fountain send forth at the same place sweet water and bitter? ¹² Can the fig tree, my brethren, bear olive berries? either a vine, figs? so can no fountain both yield salt water and fresh.

Luke 11:21-22 When a strong man armed keepeth his palace, his goods are in peace: ²² But when a stronger than he shall come upon him, and overcome him, he taketh from him all his armour wherein he trusted, and divideth his spoils.

Matthew 18:21-22 Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? ²² Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven.

1 John 3:10-16 In this the children of God are manifest, and the children of the devil: whosoever doeth not righteousness is not of God, neither he that loveth not his brother. ¹¹ For this is the message that ye heard from the beginning, that we should love one another. ¹² Not as Cain, who was of that wicked one, and slew his brother. And wherefore slew he him? Because his own works were evil, and his brother's righteous. ¹³ Marvel not, my brethren, if the world hate you. ¹⁴ We know that we have passed from death unto life, because we love the brethren. He that loveth not his brother abideth in death. ¹⁵ Whosoever hateth his brother is a murderer: and ye know that no murderer hath eternal life abiding in him. ¹⁶ Hereby perceive we the love of God, because he laid down his life for us: and we ought to lay down our lives for the brethren.

John 20:23 Whose soever sins ye remit, they are remitted unto them; and whose soever sins ye retain, they are retained.

1 John 4:20 If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he hath not seen?

Hebrews 12:14-15 Follow peace with all men, and holiness, without which no man shall see the Lord: ¹⁵ Looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble you, and thereby many be defiled;

Matthew 5:48 Be ye therefore perfect, even as your Father which is in heaven is perfect.

Mark 11:25-26 And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses. ²⁶ But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses.

1 John 4:20-21 If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he hath not

seen? ²¹ And this commandment have we from him, That he who loveth God love his brother also.

Bitterness Ministry List

Generational bitterness toward God, self, and others in the family line.

Unforgiveness

Resentment

Retaliation

Anger

Hatred

Violence

Murder including murder with the tongue toward God, toward self, and toward others—including parents, spouse or ex-spouse, children and teachers, pastors, neighbors, bosses, or any others.

Prayer of Repentance

Father God, I come to you in the name of Jesus.

I recognize and take responsibility in my life and in my generations for Bitterness. I repent for and renounce participating with: (spirits from list above)

I ask for forgiveness and I receive my forgiveness for serving Bitterness. Thank you, Father!

Notes

Water Baptism

Description

This teaching covers the subject of water baptism and its Scriptural foundation to prepare for a time of water baptism at another point later in the week.

Class Goals

Even if you have some knowledge of the subject of water baptism, it is an important part of the week to explain through Scripture how this subject is connected to our spiritual journey. For many people, this class is vital to connecting the outward act of immersion in water and our spiritual journey of dying to sin and coming alive to Father God according to the Word of God.

Scriptures

Colossians 2:11-13 In whom also ye are circumcised with the circumcision made without hands, in putting off the body of the sins of the flesh by the circumcision of Christ:

¹² Buried with him in baptism, wherein also ye are risen with him through the faith of the operation of God, who hath raised him from the dead. ¹³ And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses;

Matthew 28:19-20 Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: ²⁰ Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you alway, even unto the end of the world. Amen.

Acts 2:37-38 Now when they heard this, they were pricked in their heart, and said unto Peter and to the rest of the apostles, Men and brethren, what shall we do? ³⁸ Then Peter said unto them, Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost.

Mark 16:15-16 And he said unto them, Go ye into all the world, and preach the gospel to every creature. ¹⁶ He that believeth and is baptized shall be saved; but he that believeth not shall be damned.

John 14:15 If ye love me, keep my commandments.

Acts 10:44-48 While Peter yet spake these words, the Holy Ghost fell on all them which heard the word. ⁴⁵ And they of the circumcision which believed were astonished, as many as came with Peter, because that on the Gentiles also was poured out the gift of the Holy Ghost. ⁴⁶ For they heard them speak with tongues, and magnify God. Then answered Peter, ⁴⁷ Can any man forbid water, that these should not be baptized, which have received the Holy Ghost as well as we? ⁴⁸ And he commanded them to be baptized in the name of the Lord. Then prayed they him to tarry certain days.

Matthew 3:13-15 Then cometh Jesus from Galilee to Jordan unto John, to be baptized of him. ¹⁴ But John forbad him, saying, I have need to be baptized of thee, and comest thou to me? ¹⁵ And Jesus answering said unto him, Suffer it to be so now: for thus it becometh us to fulfil all righteousness. Then he suffered him.

Colossians 1:21-23 And you, that were sometime alienated and enemies in your mind by wicked works, yet now hath he reconciled ²² In the body of his flesh through death, to present you holy and unblameable and unreprieveable in his sight: ²³ If ye continue in the faith grounded and settled, and be not moved away from the hope of the gospel, which ye have heard, and which was preached to every creature which is under heaven; whereof I Paul am made a minister;

Hebrews 4:15 For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.

James 2:17-18 Even so faith, if it hath not works, is dead, being alone. ¹⁸ Yea, a man may say, Thou hast faith, and I have works: shew me thy faith without thy works, and I will shew thee my faith by my works.

Acts 8:12 But when they believed Philip preaching the things concerning the kingdom of God, and the name of Jesus Christ, they were baptized, both men and women.

Romans 6:3-4 Know ye not, that so many of us as were baptized into Jesus Christ were baptized into his death? ⁴Therefore we are buried with him by baptism into death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life.

Romans 6:16-18 Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness? ¹⁷But God be thanked, that ye were the servants of sin, but ye have obeyed from the heart that form of doctrine which was delivered you. ¹⁸Being then made free from sin, ye became the servants of righteousness.

1 Peter 3:20-21 Which sometime were disobedient, when once the longsuffering of God waited in the days of Noah, while the ark was a preparing, wherein few, that is, eight souls were saved by water. ²¹The like figure whereunto even baptism doth also now save us (not the putting away of the filth of the flesh, but the answer of a good conscience toward God,) by the resurrection of Jesus Christ:

Notes

Envy and Jealousy

Description

Envy and Jealousy are serious defects that are often overlooked. This teaching will uncover the danger of these spirits and include a time of group ministry.

Class Goals

It is common for people to be jealous and covet other people's possessions, relationships, and even their gifts/talents. But many people do not realize this is sin and a serious spiritual defect. This teaching will help you to understand the root lies you have come to believe that lead to *Envy and Jealousy*. Part of what this teaching will also do is confront our value system and how we view ourselves and others—along with our willingness to look to Father God for our provision and not ourselves.

Scriptures

1 Timothy 6:5-6 Perverse disputings of men of corrupt minds, and destitute of the truth, supposing that gain is godliness: from such withdraw thyself. ⁶ But godliness with contentment is great gain.

Numbers 5:14 And the spirit of jealousy come upon him, and he be jealous of his wife, and she be defiled: or if the spirit of jealousy come upon him, and he be jealous of his wife, and she be not defiled:

Proverbs 6:34-35 For jealousy is the rage of a man: therefore he will not spare in the day of vengeance. ³⁵ He will not regard any ransom; neither will he rest content, though thou givest many gifts.

Proverbs 27:3-4 A stone is heavy, and the sand weighty; but a fool's wrath is heavier than them both. ⁴ Wrath is cruel, and anger is outrageous; but who is able to stand before envy?

Song of Solomon 8:6 Set me as a seal upon thine heart, as a seal upon thine arm: for love is strong as death; jealousy is cruel as the grave: the coals thereof are coals of fire, which hath a most vehement flame.

Revelation 4:11 Thou art worthy, O Lord, to receive glory and honour and power: for thou hast created all things, and for thy pleasure they are and were created.

Hebrews 13:5-6 Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee. ⁶ So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

John 7:24 Judge not according to the appearance, but judge righteous judgment.

Proverbs 31:30 Favour is deceitful, and beauty is vain: but a woman that feareth the Lord, she shall be praised.

1 Samuel 16:7 But the LORD said unto Samuel, Look not on his countenance, or on the height of his stature; because I have refused him: for the LORD seeth not as man seeth; for man looketh on the outward appearance, but the LORD looketh on the heart.

Acts 4:13 Now when they saw the boldness of Peter and John, and perceived that they were unlearned and ignorant men, they marvelled; and they took knowledge of them, that they had been with Jesus.

Psalms 139:14 I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well.

Colossians 3:5 Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry:

1 Corinthians 5:5 To deliver such a one unto Satan for the destruction of the flesh, that the spirit may be saved in the day of the Lord Jesus.

Ephesians 1:5-6 Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will, ⁶To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.

Exodus 34:14 For thou shalt worship no other god: for the Lord, whose name is Jealous, is a jealous God.

Joshua 1:5 There shall not any man be able to stand before thee all the days of thy life: as I was with Moses, so I will be with thee: I will not fail thee, nor forsake thee.

Envy and Jealousy Ministry List

Generational spirits of envy and jealousy in the family line.

Covetousness

Greed

Craving

Idolatry

Discontentment

Distrust in God

Unbelief/doubt

Bitterness coming out of envy and jealousy

Competition

Comparison

Rivalry

Strife

Control

Manipulation

Pride/superiority

Critical spirit Possessiveness Suspicion

Jealousy in husband/wife relationship

Envy and jealousy

Prayer of Repentance

Father God, I come to you in the name of Jesus.

I recognize and take responsibility in my life and in my generations for Envy & Jealousy. I repent for and renounce participating with: (spirits from list above)

I ask for forgiveness and I receive my forgiveness for serving Envy & Jealousy. Thank you, Father!

Notes

Notes

Rejection

Description

Everyone has experienced *Rejection*, but have you ever considered that there is an evil spirit behind it? This class will teach you discernment and includes group ministry as well.

Class Goals

The purpose of this class is to identify why there is so much pain around *Rejection*. It is vital to understand that *Rejection* is not just an external phenomenon. *Rejection* is an evil spirit that drives people by making them feel as if they do not belong. Through this class you will learn to discern spirits of *Rejection* and how to resist them. As you separate them from your life, the pain of *Rejection* will no longer control you.

Scriptures

Hosea 4:6 My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee, that thou shalt be no priest to me: seeing thou hast forgotten the law of thy God, I will also forget thy children.

Jeremiah 6:30 Reprobate silver shall men call them, because the LORD hath rejected them.

Isaiah 53:3 He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were our faces from him; he was despised, and we esteemed him not.

Hebrews 4:14-16 Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us hold fast our profession. ¹⁵ For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points

tempted like as we are, yet without sin. ¹⁶ Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

Psalms 139:14-18 I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well. ¹⁵ My substance was not hid from thee, when I was made in secret, and curiously wrought in the lowest parts of the earth. ¹⁶ Thine eyes did see my substance, yet being imperfect; and in thy book all my members were written, which in continuance were fashioned, when as yet there was none of them. ¹⁷ How precious also are thy thoughts unto me, O God! how great is the sum of them! ¹⁸ If I should count them, they are more in number than the sand: when I awake, I am still with thee.

Ephesians 1:4 According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love.

Isaiah 54:4 Fear not; for thou shalt not be ashamed: neither be thou confounded; for thou shalt not be put to shame: for thou shalt forget the shame of thy youth, and shalt not remember the reproach of thy widowhood any more.

Proverbs 24:16 For a just man falleth seven times, and riseth up again: but the wicked shall fall into mischief.

1 John 4:18 There is no fear in love; but perfect love casteth out fear; because fear hath torment. He that feareth is not made perfect in love.

2 Timothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Jeremiah 1:5 Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee, and I ordained thee a prophet unto the nations.

Romans 8:30 Moreover whom he did predestinate, them he also called: and whom he called, them he also justified: and whom he justified, them he also glorified.

Psalms 139:13 For thou hast possessed my reins: thou hast covered me in my mother's womb.

Psalms 119:73 Thy hands have made me and fashioned me: give me understanding, that I may learn thy commandments.

Romans 8:14-15 For as many as are led by the Spirit of God, they are the sons of God.
¹⁵ For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

Galatians 4:5 To redeem them that were under the law, that we might receive the adoption of sons.

Numbers 23:19 God is not a man, that he should lie; neither the son of man, that he should repent: hath he said, and shall he not do it? or hath he spoken, and shall he not make it good?

James 4:7-8 Submit yourselves therefore to God. Resist the devil, and he will flee from you. ⁸ Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded.

James 1:17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

1 Corinthians 2:9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

Rejection Ministry List

Generational spirits of rejection in the family line

Abandonment

Fear of abandonment

Fear of tomorrow

Accusation by others

Self-Accusation

Rejection by others (real or imagined)

Self-rejection

Fear of rejection (real or imagined)

Idolatry

Heaviness

Oppression

Hopelessness

Loneliness

Despair

Isolation

Unbelief/doubt

Double-mindedness

Distrust of God, self and others

Self-conflict

Shame

Insecurity

Guilt

Lack of Self Esteem

Fear of man

Fear of failure

Fear of God

Fear of being vulnerable

Fear of not having an identity/fabricated personality

Drivenness/perfectionism

Victimization

Lying

Torment

False burden bearing/martyrdom

False responsibility

Codependency from rejection

Prayer of Repentance

Father God, I come to you in the name of Jesus.

I recognize and take responsibility in my life and in my generations for Rejection. I repent for and renounce participating with: (spirits from list above)

I ask for forgiveness and I receive my forgiveness for serving Rejection. Thank you, Father!

Notes

Occultism

Description

The subject of *Occultism* begins with the understanding of false religions and the deception of false peace from unbiblical spiritual practices. This class also includes group ministry.

Class Goals

Understanding the role of *Occultism* as a spiritual problem is wide-reaching because it refers not only to false religions but also to beliefs found in many Christians that do not align with the Bible. This teaching will uncover the Scriptural rebuttal to incorrect beliefs about spirituality. The main purpose of this class is to shine a light on how Satan manipulates our understanding of God to lead us away from the truth and, by extension, away from the freedom the Word of God provides.

Scriptures

Genesis 3:4-6 And the serpent said unto the woman, Ye shall not surely die: ⁵ For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil. ⁶ And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat.

Acts 16:16-18 And it came to pass, as we went to prayer, a certain damsel possessed with a spirit of divination met us, which brought her masters much gain by soothsaying: ¹⁷ The same followed Paul and us, and cried, saying, These men are the servants of the most high God, which shew unto us the way of salvation. ¹⁸ And this did she many days. But Paul, being grieved, turned and said to the spirit, I command thee in the name of Jesus Christ to come out of her. And he came out the same hour.

2 Timothy 3:7-9 Ever learning, and never able to come to the knowledge of the truth.

2 Peter 1:20-21 Knowing this first, that no prophecy of the scripture is of any private interpretation. ²¹ For the prophecy came not in old time by the will of man: but holy men of God spake as they were moved by the Holy Ghost.

2 Corinthians 11:3 But I fear, lest by any means, as the serpent beguiled Eve through his subtilty, so your minds should be corrupted from the simplicity that is in Christ.

Colossians 2:4 And this I say, lest any man should beguile you with enticing words.

Colossians 2:6-8 As ye have therefore received Christ Jesus the Lord, so walk ye in him: ⁷ Rooted and built up in him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving. ⁸ Beware lest any man spoil you through philosophy and vain deceit, after the tradition of men, after the rudiments of the world, and not after Christ.

Ezekiel 28:15 Thou wast perfect in thy ways from the day that thou wast created, till iniquity was found in thee.

Isaiah 14:13-14 For thou hast said in thine heart, I will ascend into heaven, I will exalt my throne above the stars of God: I will sit also upon the mount of the congregation, in the sides of the north: ¹⁴ I will ascend above the heights of the clouds; I will be like the most High.

2 Corinthians 4:4 In whom the god of this world hath blinded the minds of them which believe not, lest the light of the glorious gospel of Christ, who is the image of God, should shine unto them.

Deuteronomy 6:4 Hear, O Israel: The LORD our God is one LORD:

2 Timothy 3:7-9 Ever learning, and never able to come to the knowledge of the truth.

⁸Now as Jannes and Jambres withstood Moses, so do these also resist the truth: men of corrupt minds, reprobate concerning the faith. ⁹But they shall proceed no further: for their folly shall be manifest unto all men, as theirs also was.

Ephesians 6:12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

2 Timothy 3:5 Having a form of godliness, but denying the power thereof: from such turn away.

1 John 4:3 And every spirit that confesseth not that Jesus Christ is come in the flesh is not of God: and this is that spirit of antichrist, whereof ye have heard that it should come; and even now already is it in the world.

2 Thessalonians 2:10-12 And with all deceivableness of unrighteousness in them that perish; because they received not the love of the truth, that they might be saved. ¹¹And for this cause God shall send them strong delusion, that they should believe a lie: ¹²That they all might be damned who believed not the truth, but had pleasure in unrighteousness.

Mark 2:9 Whether is it easier to say to the sick of the palsy, Thy sins be forgiven thee; or to say, Arise, and take up thy bed, and walk?

Deuteronomy 28:2 And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the LORD thy God.

John 14:27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Isaiah 26:3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

2 Corinthians 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

Psalms 1:2 But his delight is in the law of the Lord; and in his law doth he meditate day and night.

Philippians 4:8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

2 Timothy 2:15 Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

John 11:35 Jesus wept.

Genesis 1:27 So God created man in his own image, in the image of God created he him; male and female created he them.

Acts 26:13-15 At midday, O king, I saw in the way a light from heaven, above the brightness of the sun, shining round about me and them which journeyed with me.

¹⁴ And when we were all fallen to the earth, I heard a voice speaking unto me, and saying in the Hebrew tongue, Saul, Saul, why persecutest thou me? it is hard for thee to kick against the pricks. ¹⁵ And I said, Who art thou, Lord? And he said, I am Jesus whom thou persecutest.

Acts 18:9-10 Then spake the Lord to Paul in the night by a vision, Be not afraid, but speak, and hold not thy peace: ¹⁰For I am with thee, and no man shall set on thee to hurt thee: for I have much people in this city.

1 John 4:1 Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world.

Galatians 1:8-9 But though we, or an angel from heaven, preach any other gospel unto you than that which we have preached unto you, let him be accursed. ⁹As we said before, so say I now again, if any man preach any other gospel unto you than that ye have received, let him be accursed.

Ephesians 1:9 Having made known unto us the mystery of his will, according to his good pleasure which he hath purposed in himself.

Isaiah 57:15 For thus saith the high and lofty One that inhabiteth eternity, whose name is Holy; I dwell in the high and holy place, with him also that is of a contrite and humble spirit, to revive the spirit of the humble, and to revive the heart of the contrite ones.

Occultism Ministry List

Generational spirits of Occultism in the family line.

Slumber
Oppression and Heaviness
Deaf and dumb spirits
Disassociation/blanking out
Hatred of God/distrust of God

Spiritual and religious pride
Arrogance
Drivenness and performance
Strife
Debate
Argumentativeness
Division and Schism

Phariseeism
Legalism
Control
Mind-binding religious spirits

Denominationalism
Seducing spirits
Spirits of error

Divination (need to know)
Kundalini/Python
Eastern Mysticism

Spirits that gained entrance through false religions
Freemasonry

Superstition
Druidism

Spirit guides including a false christ, false holy spirit, false father god
Spirits that gained access from necromancy, spiritism or psychic power

Genius spirits
Familiar spirits
Guardian spirits

Stoicism
Cynicism
Asceticism
Skepticism
Pragmatism

Infirmity
Insanity
Confusion
Death
Mental torment/anguish
Night torment

Fear
Suspicion
Impatience
Frustration

Rebellion
Stubbornness
Witchcraft and sorcery

Prayer of Repentance

Father God, I come to you in the name of Jesus.

I recognize and take responsibility in my life and in my generations for Occultism. I repent for and renounce participating with: (spirits from list above)

I ask for forgiveness and I receive my forgiveness for serving Occultism. Thank you, Father!

Notes

Unloving

Description

The teaching on the subject of the *Unloving* spirit explains the feelings of being unloved, isolated, and alone. This class also includes a time of group ministry.

Class Goals

The term *Unloving* is one we use at Be in Health to describe how we feel when we are unable to give and receive love from others. Often, when people are abused by others, they push others away to protect themselves. This teaching will reveal how evil spirits that we refer to as *Unloving* spirits have joined us when we are not loved correctly. As a result, we have struggled with hating ourselves and rejecting ourselves.

Scriptures

Mark 12:30-31 And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment.

³¹ And the second is like, namely this, Thou shalt love thy neighbour as thyself. There is none other commandment greater than these.

Ephesians 5:28-30 So ought men to love their wives as their own bodies. He that loveth his wife loveth himself. ²⁹ For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church: ³⁰ For we are members of his body, of his flesh, and of his bones.

John 7:24 Judge not according to the appearance, but judge righteous judgment.

1 John 4:18 There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.

Hebrews 12:9 Furthermore we have had fathers of our flesh which corrected us, and we gave them reverence: shall we not much rather be in subjection unto the Father of spirits, and live?

Psalms 68:18 Thou hast ascended on high, thou hast led captivity captive: thou hast received gifts for men; yea, for the rebellious also, that the Lord God might dwell among them.

2 Corinthians 12:9 And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.

John 14:15 If ye love me, keep my commandments.

Romans 3:4 God forbid: yea, let God be true, but every man a liar; as it is written, that thou mightiest be justified in thy sayings, and mightiest overcome when thou art judged.

Deuteronomy 32:10 He found him in a desert land, and in the waste howling wilderness; he led him about, he instructed him, he kept him as the apple of his eye.

Psalms 17:7-8 Shew thy marvellous lovingkindness, O thou that savest by thy right hand them which put their trust in thee from those that rise up against them. ⁸ Keep me as the apple of the eye, hide me under the shadow of thy wings

Notes

Unloving Ministry List

Generational unloving spirits in the family line.

Self-bitterness
Self-unforgiveness
Self-resentment
Self-retaliation
Self-anger
Self-violence/self mutilation
Self-murder/suicide
Self-murder with the tongue

Self-rejection
Guilt
Shame

Self-doubt
Self-unbelief
Self-questioning
Self-sabotage

Self-annihilation
Self-accusation
Comparison
Self-condemnation

Self-deception
Self-torment

Perfectionism
Self-idolatry
Self-exaltation
Selfishness
Self-consciousness

Self-pity
Attention-getting
Excessive talking

Introversion

Adultery

Fornication

Pornography

Self-abasement

Fear of self

Fear of failure

Fear of man

Fear of rejection and abandonment

Victimization

Prayer of Repentance

Father God, I come to you in the name of Jesus.

I recognize and take responsibility in my life and in my generations for Unloving. I repent for and renounce participating with: (spirits from list above)

I ask for forgiveness and I receive my forgiveness for serving Unloving. Thank you, Father!

Notes

Addictions

Description

This teaching will discuss the spiritual reasons for addictions in our lives.

Class Goals

In the world, addictions are a blight, and many people struggle with guilt and shame because of them. This teaching will shine a light on the spirituality behind addictions so that you may learn to not just resist being drawn to various vices. Additionally, it will shine a light on the underlying needs that lead us to seek ways to make ourselves feel better—especially our deeply rooted need for love.

Scriptures

Galatians 3:1-3 O foolish Galatians, who hath bewitched you, that ye should not obey the truth, before whose eyes Jesus Christ hath been evidently set forth, crucified among you? ² This only would I learn of you, Received ye the Spirit by the works of the law, or by the hearing of faith? ³ Are ye so foolish? having begun in the Spirit, are ye now made perfect by the flesh?

Matthew 22:37-40 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. ³⁸ This is the first and great commandment. ³⁹ And the second is like unto it, Thou shalt love thy neighbour as thyself. ⁴⁰ On these two commandments hang all the law and the prophets.

John 14:27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Galatians 5:19-21 Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, ²⁰ Idolatry, witchcraft, hatred, variance,

emulations, wrath, strife, seditions, heresies, ²¹ Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God.

1 John 4:18 There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.

Notes

Notes

Fear

Description

Fear is usually just known as an emotion, but this teaching will uncover an evil spirit of *Fear* and how it controls our lives. This teaching also includes group ministry.

Class Goals

It is important to distinguish between the emotion of fear and an evil spirit of *Fear*. In this class, you will learn to discern what an evil spirit of *Fear* looks like in your life. This evil spirit torments people by projecting evil outcomes into the future and avoiding any potential danger around them. As a result of this class, you will learn to discern the thoughts of a spirit of *Fear* and how it is working to destroy your future by making you afraid in the present.

Scriptures

2 Timothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Romans 8:15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

Luke 21:26 Men's hearts failing them for fear, and for looking after those things which are coming on the earth: for the powers of heaven shall be shaken.

Philippians 4:6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

1 Peter 5:7 Casting all your care upon him; for he careth for you.

1 John 4:18 There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.

Ephesians 6:13-17 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. ¹⁴ Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; ¹⁵ And your feet shod with the preparation of the gospel of peace; ¹⁶ Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. ¹⁷ And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

Romans 10:17 So then faith cometh by hearing, and hearing by the word of God.

Hebrews 11:6 But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

Hebrews 11:1 Now faith is the substance of things hoped for, the evidence of things not seen.

Romans 12:3 For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.

Job 13:15 Though he slay me, yet will I trust in him: but I will maintain mine own ways before him.

Job 3:25 For the thing which I greatly feared is come upon me, and that which I was afraid of is come unto me.

Matthew 6:33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Notes

Fear Ministry List

Generational spirits of fear toward God, self, and others in the family line.

Doubt and unbelief
Fears behind panic attacks and phobias
Fear of blaspheming the Holy Spirit
Fear of judgment or punishment by God
Fear of disease
Fear of cancer
Fear of death and dying
Fear of dying prematurely
Fear of loss of life or wasted years
Fear of loss of spouse
Fear of losing children
Fear of rejection
Fear of abandonment
Fear of abandoning loved ones through death and disease
Fear of being alone
Fear of man
Fear of failure
Fear of poverty or lack
Fear of change
Fear of the unknown
Unhealthy fear of God
Fear of evil
Fear of not being saved
Fear of losing salvation
Fear of family members not being saved
Fear of judgment or punishment by God
Fear of authority
Fear of judgment by others
Fear of criticism by others
Fear of reproof
Fear of harassment
Fear of humiliation, embarrassment or shame
Fear of the future
Dread (projecting evil into the future)
Worry and anxiety

Suspicion
Distrust
Fear behind perfectionism and drivenness
Control
Fear of not being in control or being controlled by others
Fear of family members
Fear of infirmity
Fear of insanity or losing one's mind
Fear of pain and suffering
Fear of disability
Fear of people different from you (race, ethnicity, religion, disability)
Fear of allergic reactions, toxins in the environment, electromagnetic energy
Night terror/torment
Fear of the dark
Fear of war and/or terrorists
Fear of environmental or weather disasters
Fear of financial collapse
Fear of the government
Any unnamed spirit of fear

Prayer of Repentance

Father God, I come to you in the name of Jesus.

I recognize and take responsibility in my life and in my generations for Fear. I repent for and renounce participating with: (spirits from list above)

I ask for forgiveness and I receive my forgiveness for serving Fear. Thank you, Father!

Notes

Walk Out

Description

This class will cover the subject of Walk Out, which is integral to the process of learning to “walk out of Satan’s kingdom and learning to walk into God’s kingdom” as a way of life.

Class Goals

Having evil spirits cast out of you does not represent the end of the journey but the beginning of the journey of freedom. Through this class, you will be encouraged to continue the journey of freedom as you begin to learn new ways of thinking, speaking, and acting as you prepare to leave the For My Life Retreat. We do not want you to leave afraid but full of faith as you learn to grow and mature and continue your journey at home.

Scriptures

John 14:15 If ye love me, keep my commandments.

1 John 3:23 And this is his commandment, That we should believe on the name of his Son Jesus Christ, and love one another, as he gave us commandment.

James 4:7 Submit yourselves therefore to God. Resist the devil, and he will flee from you.

James 1:14-15 But every man is tempted, when he is drawn away of his own lust, and enticed. ¹⁵ Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death.

Hebrews 4:15 For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.

Matthew 5:28 But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.

Hebrews 4:16 Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

1 Chronicles 16:34-35 O give thanks unto the LORD; for he is good; for his mercy endureth for ever. ³⁵ And say ye, Save us, O God of our salvation, and gather us together, and deliver us from the heathen, that we may give thanks to thy holy name, and glory in thy praise.

Hebrews 12:11-13 Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby. ¹² Wherefore lift up the hands which hang down, and the feeble knees; ¹³ And make straight paths for your feet, lest that which is lame be turned out of the way; but let it rather be healed.

James 1:26-27 If any man among you seem to be religious, and bridleth not his tongue, but deceiveth his own heart, this man's religion is vain. ²⁷ Pure religion and undefiled before God and the Father is this, To visit the fatherless and widows in their affliction, and to keep himself unspotted from the world.

1 Thessalonians 4:3-4 For this is the will of God, even your sanctification, that ye should abstain from fornication: ⁴ That every one of you should know how to possess his vessel in sanctification and honour;

James 1:19-25 Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath: ²⁰ For the wrath of man worketh not the righteousness of God. ²¹ Wherefore lay apart all filthiness and superfluity of naughtiness, and receive with

meekness the engrafted word, which is able to save your souls. ²² But be ye doers of the word, and not hearers only, deceiving your own selves. ²³ For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass: ²⁴ For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was. ²⁵ But whoso looketh into the perfect law of liberty, and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed.

2 Corinthians 7:1 Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.

Ephesians 6:13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

James 1:2-4 My brethren, count it all joy when ye fall into divers temptations; ³ Knowing this, that the trying of your faith worketh patience. ⁴ But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

Hebrews 2:1 Therefore we ought to give the more earnest heed to the things which we have heard, lest anytime we should let them slip.

1 Corinthians 10:13 There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it

Luke 19:10 For the Son of man is come to seek and to save that which was lost.

Isaiah 41:10 Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Proverbs 3:5-6 Trust in the LORD with all thine heart; and lean not unto thine own understanding. ⁶ In all thy ways acknowledge him, and he shall direct thy paths.

Matthew 28:19-20 Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: ²⁰ Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.

Isaiah 6:8 Also I heard the voice of the Lord, saying, Whom shall I send, and who will go for us? Then said I, Here am I; send me.

Notes

Notes

7 Steps to Sin

The *7 Steps to Sin* are found in James 1.

James 1:13-15 Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempteth he any man: ¹⁴ But every man is tempted, when he is drawn away of his own lust, and enticed. ¹⁵ Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death.

Step 1: Temptation

Step 2: Being drawn away

Step 3: Personal lust

Step 4: Enticement

Step 5: Lust conceived

Step 6: Actual sin

Step 7: Consequence of sin

8 Rs to Freedom

1. Recognize the sin
2. Take Responsibility for agreeing
3. Repent for the action
4. Renounce it as a dead work
5. Remove it by telling it to go
6. Resist it so it does not come back
7. Rejoice in your freedom
8. Restore others to wholeness

Prayer Examples

Prayer of Repentance

Refer to the ministry list for each of the Discernment classes: *Accusation, Bitterness, Occultism, Envy/Jealousy, Rejection, Unloving, and Fear*. These are the basic, necessary elements of a prayer of repentance.

1. Speak the prayer out loud; spirits cannot hear you think.
2. It's not about your words, but the condition of your heart. Be gentle with yourself!
3. Remember to forgive everyone against whom you've had an offense.
4. Do not use guided visualization or ask Jesus to come into the original traumatic situation.

Father God, I come to you in the name of Jesus.

I recognize and take responsibility in my life and in my generations for (accusation, bitterness etc). I repent for and renounce participating with (spirit from the list).

I ask for forgiveness and I receive my forgiveness for serving _____. Thank you, Father!

Prayer of Deliverance

In the name of Jesus I take authority over spirits of:
(unforgiveness, resentment, retaliation, anger and wrath, violence and murder with the tongue...etc.),
and I cast you out.

Father's Love Prayer

On behalf of a father that did not, could not, would not, or maybe just did not know how to tell you he loved you, I, your brother, will. I will take responsibility for your heart right now.

On behalf of your father, will you forgive him for not telling you he loved you? I am so sorry for the silence and for the junk that may have injured you and confused you and left you feeling stranded on the inside when you needed him so much.

In the name of the Lord Jesus Christ, I release you from this fear and confusion. Now, you are going to hear these words for your heart:

I love you. I am so glad you were born. I am proud of you. You are a good son/daughter.

Parent's Repentance to Children

Parents sit down with or contact children and say something like this:

I love you and I want to tell you I've been looking at my life and my relationship with God. I know there are some places where I fell short as a parent. I want to repent to you for those areas I did not represent God correctly and how it affected you.

Note: Do not ask them to forgive you. Do not give them details. Trust God to begin the restoration process.

Now What?

Join the Overcomers' Community® Partners

The journey of being an overcomer can be challenging, and we don't want you to have to do it alone. That is why we've developed the Overcomers' Community Partners. The OC Partnership is an opportunity for you to participate with and be plugged into Be in Health on an ongoing basis. It is the only place available for you to receive ongoing, interactive discipleship from Be in Health Team Members and a large community of other believers around the world who are in the walk out journey alongside you. You may participate in weekly online groups, have access to our spiritual roots of diseases, and receive exclusive content on our app. We look forward to joining you in your walk out journey and being able to assist you. With God's help, we can do this together! To learn more, go to: beinhealth.com/partners

Come in person to For My Life

There is nothing like coming in person to the For My Life Retreat in Thomaston, GA. Most classes have time to ask questions afterward. You can also enjoy the fellowship of being with others going through the same classes as you, and we lay hands on and pray for everyone who attends in person. To learn more, go to: beinhealth.com/for-my-life

Come to the For My Life Walk Out Workshop® Retreat

The term "walk out" refers to the journey of walking out of the old life of disease and hopelessness and into a new life of health and wholeness. During this one-week workshop our team and attendees roll up their sleeves and begin to get really interactive with the principles from For My Life. Let's have honest conversations about what it looks like to apply the strategic tools you learned in For My Life in the middle of life's unexpected turns.

We will talk about things like: how to not go into guilt when we fall short, becoming established in our identity, overcoming temptation, how to forgive when you've been hurt, and learning to walk in the Father's Love. Break-out groups, lots of Q & A, and continued healing of your spirit, soul, and body are all part of this amazing week. To learn more, go to beinhealth.com/for-my-life-walk-out

Bring your family to the For My Life Youth & For My Life Kids Retreats

Every year in June and July, we offer For My Life for the whole family; that is the For My Life Adult, For My Life Youth (ages 13–17), and For My Life Kids' (ages 6–12) Retreat all in the same week! This is an opportunity for the whole family to be transformed and healed from the inside out. We hear so many people say, "If only I had known this when I was younger, I would have been saved from so much torment and heartache!" We've listened and developed these specialized retreats to continue our mission of establishing generations of overcomers. In the For My Life family week, everybody in the family can benefit and be on the same page spiritually. We take the same information that is presented in the adult For My Life Retreat but reformat it to be relevant and engaging for each audience. To learn more, go to: beinhealth.com/for-my-life-kids-and-youth

Bring your family to the For My Life WOW Youth & For My Life WOW Kids Retreats

Once a year, we offer For My Life Walk Out Workshop for the whole family; that is the For My Life Walk Out Workshop Adult, For My Life Walk Out Workshop Youth (ages 13-17), and For My Life Walk Out Workshop Kids (ages 6-12) Retreat all in the same week! This is an opportunity for the whole family to learn to walk out the principals taught in For My Life. For kids: through fun activities, games, and interactive teachings, discover things like your identity created in the image of God, how to unravel generational iniquity, activating the spiritual weapons God has given you, and so much more! Come spend the week with us, becoming God's Special Agents. For youth: like the adults, you will spend the week in a practical discussion of things like taking ownership of your walk out, trusting God, walking out of iniquity, correct relationships with God, self, and others, and unraveling fear, guilt, and shame (but with a few more activities and interactive teachings). To learn more, go to: beinhealth.com/for-my-life-walk-out-kids-and-youth

Or come to a Be in Health Conference Near You

Our Be in Health team travels too! We bring conferences to locations all over the world. If you want to find out more about these conferences and when one might be held in your area, or if you are interested in helping us bring a conference to your area, go to: beinhealth.com/conferences

A WORLDWIDE COMMUNITY OF BELIEVERS

Overcomers'
COMMUNITY
PARTNERS



OUR OVERCOMERS' COMMUNITY AND SUSTAINING PARTNERS HAVE MERGED,
BUT THE HEART REMAINS THE SAME!

LOOK AT OUR NEW PARTNER TIERS:

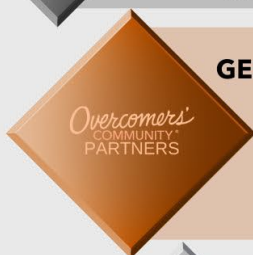


SUSTAINING SILVER PARTNERS

(EXISTING OC MEMBERS ARE GRANDFATHERED IN FOR AS LONG AS THEY RENEW)

- Access to Spiritual Roots of Disease
- 10% discount on all our resources
- Exclusive content on our app and online platform
- Review For My Life Online throughout year
- Participate in online experience of weekly Zooms
- Multiple sign-ons per household

A GIFT OF
\$25/MONTH
OR **\$300/YEAR**



GENERATIONS GOLD PARTNERS

- Access to all Silver Partner benefits
- Attend For My Life for \$299 (\$160 savings) so you can come back easily any time*
- Ability to gift others a retreat for \$299* (unlimited)

A GIFT OF
\$100/MONTH
OR **\$1,200/YEAR**



PROVISION PLATINUM PARTNERS

- Access to all Silver and Gold Partner benefits
- Head of household and spouse attend For My Life for free* (unlimited)

A GIFT OF
\$500/MONTH
OR **\$6,000/YEAR**

NO LONGER "SUBSCRIPTION-BASED" BUT A TAX-DEDUCTIBLE DONATION INSTEAD.

WHY PARTICIPATE IN OUR WEEKLY ZOOMS?

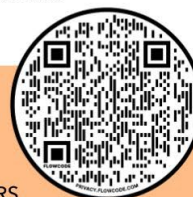
- RECEIVE HELP IF YOU ARE STARTING ON YOUR JOURNEY WITH US
- GET ONGOING SUPPORT IN AREAS YOU ARE OVERCOMING
- ABILITY TO ASK QUESTIONS IN AREAS YOU WISH TO DEEPEN YOUR UNDERSTANDING
- GROW IN RELATIONSHIPS WITH THE BIH TEAM AND LIKE-MINDED BELIEVERS

*Must stay in BiH accommodations to receive discount.

**Donations can be designated toward scholarships or general contributions.

For more information
scan or visit:

BEINHEALTH.COM/PARTNERS





Partner With Us

When you partner with us, we fully believe that the grace God has given us at Be in Health extends to you. The victories God has blessed us with belong to our partners as well. A partnership with us means an ongoing relationship with Be in Health. We could not do this without you—thank you from the bottom of our hearts!

My Name: _____ Date: _____
As it appears on the credit card, if using

Address: _____
Billing address for credit card

City, State, Zip/Province: _____

Email: _____ Mobile Number: _____

Birthday: _____ Anniversary: _____

I will give the following amount:

- ☐ \$25 per month: Sustaining Silver Partners
- ☐ **\$100 per month: Generations Gold Partners receive discount for future For My Life tuition at \$299**
- ☐ \$500 per month: Provision Platinum Partners
- ☐ _____ per month
- ☐ \$100 one-time gift
- ☐ \$500 one-time gift
- ☐ \$1,000 one-time gift
- ☐ \$_____ one-time gift

☐ VISA ☐ AmEx Card # _____

☐ MC ☐ Discover Exp. Date: ____ / ____ CVV Code: _____
Month Year

☐ Yes, I want to cover the processing fee (approximately 4%) so 100% of my donation goes to help.

Giver's Signature: _____

Confidentiality: Be in Health® keeps all of your personal information strictly confidential and will not sell or share it with any other organizations or individuals.

Receipts: you will receive an email confirmation of your donation.

Each year, we host 30+ retreats, workshops, and conferences with our mission: establishing generations of overcomers. Your giving makes it possible for us to give away hundreds of scholarships, and also keep the cost of our retreats, workshops, and conferences at a significantly lower price. This enables more people to hear the life-changing, Biblical truth that brings healing: spirit, soul, and body.